



## Summer Workshop Series

Northwest Autism Center (NAC) is excited to announce the first summer workshop series for paraprofessionals, teachers, administration, psychologists, other school personnel and educational advocates.

NAC T.E.A.M. Outreach (Training Evidence-based and Applied Methods) will offer five workshops during July and August. Workshop topics will include: environments, challenging behaviors, teaching social skills and emotional regulation, and the basics of IEPs, 504 plans, FBAs and BIPs.

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### Workshop Descriptions



#### Tackling Challenging Behaviors

July 7, 2017, 1:00-5:00 PM

**Cost: \$100** - \$80 early bird special through June 30

Location: Cheney School District Conference Center

Do children you work with have challenging behaviors that are difficult to manage? Do you find yourself out of ideas for how to address challenging behaviors? Northwest Autism Center is excited to offer a workshop on Tackling Challenging Behaviors. Participants will learn practical strategies to increase positive behaviors and prevent challenging behaviors. Strategies presented are based on the scientific principles of ABA and will aim to create a responsive learning environment to prevent challenging behaviors from occurring. In addition, strategies for teaching appropriate replacement behaviors and tips for what to do “in the moment” will be included.

In this workshop, participants will learn:

- To understand challenging behaviors from a behavioral view point
- To understand and identify the 4 functions of behaviors
- To identify and teach appropriate replacement behaviors
- To understand and use antecedent strategies intended to prevent challenging behaviors
- Tips for what to do in the moment

#### CLOCK HOURS AVAILABLE!

Exclusive discounts for our first Summer Workshop Series:

- School Districts save 20% when they register 5 or more personnel for any workshop
- Individual participant 20% discount when registering for 3 or more workshops

## Assessing and Teaching Social Skills and Emotional Regulation

July 28, 2017, 12:00-5:00 PM

**Cost: \$120** - *\$100 early bird special through July 17*

Location: Cheney School District Conference Center

The “unspoken” rules governing social skills are quite challenging for individuals with ASD. In this workshop, participants will be provided information on assessing and teaching social skills to children with ASD. In addition, participants will be provided information about emotional responses and poor emotional control. Learning strategies to regulate emotions can decrease the occurrence of challenging behaviors and anxiety.

Participants will learn:

- Information on evidenced-based programs for teaching social skills
- Commonly used assessments
- Strategies for implementing social skills
- Case study examples, including: description of client challenges, assessments used, assessment report, and client goals
- Hands-on practice of writing goals and developing strategies for students
- What is Emotion Regulation (ER) and why is it important?
- Factors that impact ER for individuals with ASD
- Strategies to teach individuals with ASD to better regulation their emotions
- How to embed opportunities to practice emotion regulation throughout the learning environment

## Creating the Right Learning Environment for Effective Instruction

August 4, 2017, 12:00-4:00 PM

**Cost: \$100** - *\$80 early bird special through July 24*

Location: Cheney School District Conference Center

There are many ingredients that go into making a thriving learning environment. Whether it's your first year in education or your thirtieth, the first days, weeks, and months of the school year are the time to create the learning environment you want for all of your students. The type of classroom environment that a teacher creates and encourages can either increase or decrease a student's ability to learn. The classroom environment should do as much to foster cooperation and acceptance as the teaching methods that the teacher uses. This workshop will provide information on a number of strategies to help teachers plan for and create a classroom that welcomes and supports all children.

Participants will learn:

- How to promote attention, structure, access, orderly movement and minimize distractions
- How to make efficient use of the available space
- How to consider individual students' needs and design environmental accommodations and modifications
- Strategies to evaluate the 4 core elements (safety, engagement, connectedness, support) of a classroom environment

### ABC's of IEPs and 504 Plans

August 18, 2017, 12:00-2:00 PM

**Cost: Families - \$20 / Professionals - \$40**

Location: Cheney School District room TBD

Come and learn about your part in your child's education, including the skills you need to work with the school in the development of an appropriate education program for your child and the process to follow if you are having difficulties making the education system work. This workshop is designed for professionals and caregivers of children need special education services. This workshop will cover the special supports a child with a disability is entitled to so that they can be successful in school.

Participants will learn:

- The types of needs and services that can be provided by the school system
- What information should be included on the IEP and 504 documents
- How to express parent concerns and ensure they are addressed by the team
- Understand the process to set and write goals, accommodations and modifications
- Strategies to prepare for effective participation in IEP meetings for their children

### ABC's of FBA's and BIP's

August 18, 2017, 3:00-5:00 PM

**Cost: Families - \$20 / Professionals - \$40**

Location: Cheney School District room TBD

Join us to learn how a Functional Behavior Assessment (FBA) can be conducted to identify why a challenging behavior might be happening and how a Behavior Intervention Plan (BIP) is developed to implement specific strategies to reduce or eliminate the behavior. Participants will also receive information on who is qualified to complete an FBA, a caregiver's role in the process and the importance of monitoring progress to measure intervention effectiveness and ensure lasting success.

Participants will learn:

- The best-practice methods for conducting an FBA for problem behavior in the school setting.
- How to use the results of an FBA to develop an effective Behavior Intervention Plan (BIP).
- How to identify different types of data and how to choose the appropriate measurement technique
- How to relate BIP outcomes to IEP progress data
- How to integrate strategies at home and at school

**>> To REGISTER: CALL 509-328-1582 or EMAIL [info@nwautism.org](mailto:info@nwautism.org) <<**